

We'd love to hear your thoughts about healthy ageing and digital technology

Researchers at the University of Queensland are looking to understand what older adults do to age well, and whether technology can support older people to live well

Who can participate?



- Adults aged 55 and above
- Living independently
- Read and understand English

Token of appreciation

Five participants will be randomly selected to win a \$100 voucher



What do I need to do?

Complete <u>1 survey</u> (Approximately 20 mins to complete)

How can I complete the survey?

You can complete the survey through any of these methods





Complete the survey

Complete the online survey by scanning the QR code or reach out to the research team for more information"

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