



SNIPPETS

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Seniors Enquiry Line

No question is too big or too small

Your Newsletter

We would like to ensure that Snippets is discussing topics that are important to you. If there are specific topics or themes you would like added, please contact **Seniors Enquiry Line** and we will try our best to address them in future issues.

Quote

"When you realize how perfect everything is you will tilt your head back and laugh at the sky"
- **Buddha**

Contact Details:

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www.seniorsenquiryline.com.au

Seniors Enquiry Line is an information and referral service for Queensland seniors, proudly sponsored by the Queensland Government and operated by Uniting Care.

February Funny

Retirement is like a long vacation in Las Vegas. The goal is to enjoy it to the fullest, but not so fully that you run out of money.

-Jonathan Clements



Advance Payment—Centrelink

At this time of the year our credit cards are sometimes at their maximum after paying for all those Grandchildren's Christmas gifts!! We had a caller during December with 12 Grandchildren! Did you know that you may be able to get an advance payment from Centrelink? There is specific criteria and of course it has to be paid back but it may get you through some hard times with many bills. To apply online go to the My Gov website or the form can be found at <https://www.humanservices.gov.au/sites/default/files/2016/05/ss3521603en.pdf>. You can also call Centrelink on 136240.

The State of the Older Nation 2018 Report

The Council on the Ageing (COTA) undertook a survey of 2562 Australians living all over the nation, including rural and metropolitan areas. All participants were aged over 50.

Overall the study showed :-

- 80% feel younger than their age !
- More than half feel the rising cost of living leaves them with no money for leisure or social activities
- 37% don't have private health insurance
- 32% mentioned health issues as their biggest worry
- 29% of those still working do not think they will ever retire
- 74% feel they have much to offer society.



What do you think of the report ? Would you agree or disagree ?

For the full report go to www.stateoftheoldernation.org.au

Unauthorised Transactions

What is an unauthorised transaction?

An unauthorised transaction is where funds are transferred from your account without your consent or approval. This may be as a result of fraudulent activity such as card skimming or in error such as a merchant accidentally processing the transaction more than once.



Can I get my money back?

If you locate an unauthorised transaction on your credit card or bank account you may be entitled to receive the money back as long as you have not contributed to the loss for example, you did not keep your PIN safe.

More info

Further information can be obtained by contacting Seniors Enquiry Line on 1300 135 500 or by going to the ASIC Moneysmart website: <https://www.moneysmart.gov.au/managing-your-money/banking/unauthorised-and-mistaken-transactions>

Riddles

1. What fruit has its seeds on the outside ?
2. The only vegetable or fruit never sold frozen, canned, processed, cooked, or in any other form but fresh?
3. Three English words beginning with “dw”
4. Six or more things you can wear on your feet beginning with “s”
5. You find me in December but not in any other month. What am I ?

1. Strawberry, 2. Lettuce, 3. Dwarf, dwindle, dwell 4. shoes, stockings, stilt 5. letter D
socks, sandals, sneakers, slippers, skis, skates, snowshoes,

February gardening in QLD

As your summer crop is having a little bit of a last hoorah, it's time to start preparing your garden for autumn planting. Wait until the heat of the day is over and then spend some lovely time in the garden.

Weeding Weeding is a great job to do at this time of year. Cut down the competition between your tasty treats and those space invaders, and tidy up your patch. It may sound tedious, but it's incredibly rewarding!



Mulching Top up the mulch on your vegetable patches, herb gardens and ornamental beds. A hot summer tip is to mulch after watering the patch, to a depth of about 7cm. Keep mulch clear of plant stems, especially young seedlings.

Planting vegetables Give leeks, capsicum, chillies, cabbage, silverbeet, lettuce, sweet corn, cauliflower, broccoli and tomatoes a go towards the end of the month.

It's too hot for most herbs, but you could try some lemongrass. Wait until the end of the month to plant some basil varieties, including our old favourite sweet basil, and the always-stunning purple basil.

What's on this February

- ◆ The Chinchilla Melon festival, Chinchilla 14/17 February, contact: 07 4660 7291
- ◆ Love to all, Connie (World war nurse), Brisbane. Feb—March, contact: 3840 7887
- ◆ Glass Plates and Rail justice, Ipswich. Jan—24 Feb, contact: 07 3432 5100
- ◆ Moreton Bay Expo, Redcliffe. 15—17th Feb, contact: 07 4634 7288
- ◆ Bundaberg Cup, Bundaberg. 2-3 Feb, contact: 3367 6250
- ◆ Sports and Health Expo, Rockhampton. 24th Feb, contact: 4932 9000
- ◆ History Tours of the Tanks and Botanic Gardens, Cairns. 7th Feb, contact: 07 4032 6650

More events can be accessed on our Events page.

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