

# We'd love to hear your thoughts about healthy ageing and digital technology!

Researchers at the University of Queensland are looking to understand what older adults do to age well, and whether technology can older people to live well

## Who can participate?

- Adults aged 55 and above
- Living independently
- Read and understand English

## What do I need to do?

Attend a 45 to 60 minutes interview or group discussion (in person or Zoom, depending on your preference)



<https://tinyurl.com/4597ru2j>

You will receive a \$20 gift card as a thank-you for your time

Leave your contact details by scanning the QR code with your phone's camera, or contact us at:

[weiqi.koh@uq.edu.au](mailto:weiqi.koh@uq.edu.au) OR 0406 406 383

## Interested?