



# Connection Program

A Uniting Care Queensland  
Initiative



## Connection Program

At times, many of us find ourselves drifting apart from others and may grow lonely or isolated.

### Connect with us

Uniting Care Queensland's Connection Program aims to improve wellbeing and connectedness among isolated people.

We offer connection through weekly phone calls with your own supporter. You can talk about what is troubling you or simply chat about how your week has been. These phone calls can be at a time and day of your choosing.

We believe in the power of connection and the difference it can make in people's lives.

### We are here to hear

- Who we are: Listeners trained in making connection through empathy
- What we offer: Weekly phone calls with the same supporter each time
- When: At a time of your choosing

**To find out more call the Seniors Enquiry Line on 1300 135 500**