

My Rights QLD – A disability rights guide

This free online guide offers information to help you understand and exercise your rights in Queensland.

Accessible on a computer, smartphone or tablet device.

www.myrightsqld.com.au



My Rights Qld is an online guide providing information for Queenslanders with disability.

My Rights Qld can help you:

- understand your rights in relation to a wide range of topics, including the NDIS, decision-making, health, mental health, housing, discrimination and more
- understand how to get help and how to make a complaint
- connect with organisations that can support you to protect your rights.

To access the *My Rights Qld* guide, visit www.myrightsqld.com.au on a smartphone, computer or tablet device.



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