

Medicare Chronic Disease Dental Scheme

The Medicare Chronic Disease Dental Scheme was introduced in November 2007. The scheme allows chronically ill people who are being managed by their GP under an Enhanced Primary Care (EPC) plan access to Medicare rebates for dental services.

To receive a Medicare benefit for dental services, you will first need to meet certain eligibility criteria and be referred by your GP to a dentist. In some cases, your GP will be able to refer you directly to a dental prosthetist for denture work. Medicare benefits will be available for most services provided by a dentist, dental specialist or dental prosthetist in private dental surgeries.

For more information go to:

Website: www.health.gov.au/dental

Phone: 132 011

Support for Alzheimer's



Alzheimer's Association
QUEENSLAND

The primary aim of the Alzheimer's Association of Queensland (AAQ) is to help maintain the quality of life of people diagnosed with dementia and their caregivers.

Whether you are a person diagnosed with dementia, a family member of a person with dementia, or a health care professional, AAQ is your source of information, support and assistance on issues related to Alzheimer's disease and other forms of dementia.

AAQ run over 50 support groups across Queensland and if you would like any additional information please contact the 24 hour dementia helpline.

For more information contact:

Website: www.alzheimersonline.org

Email: alzqld@alzheimersonline.org

Dementia Helpline: 1800 639 331

New Publication – Retire Smart

The 'retire smart' guide contains essential information about retirement village living in Queensland. Topics include: types of villages, contracts, fees & maintenance, leaving the village and dispute resolution.

There are other fair trading smart guides too:

- **Car smart:**
a pocket guide to buying and owning a car in Queensland.
- **Buy smart:**
a pocket guide to buying products and services in Queensland.
- **Property smart:**
a pocket guide to buying and selling real estate in Queensland.



For more information:

Website: www.fairtrading.qld.gov.au

Phone: 13 13 04

Silver Cord Service

Many people in the community go into residential care prematurely, because of lack of regular support and communication. They leave their homes and familiar surroundings because of frailty, geographical or social isolation.

St John Ambulance, through the Silver Cord Service, can provide vital Security Calls and also Friendship Calls in these circumstances, assisting community members – particularly the frail-aged and people with a disability. The service uses volunteer callers who phone from their own home at a time convenient to both caller and client.

If you know of a potential Silver Cord client, or are able to become a volunteer caller, please contact Silver Cord:



Phone: 1300 360 455

Email: silvercord@stjohnqld.com.au

WHAT'S ON

Senior Superstar – Sunshine Coast

Dates: 10 and 17 October (2pm – 4pm)

Description: The heats on the above dates will be followed by the final in November.

The Senior Superstar Sunshine Coast showcases the region's senior talent in a supportive and celebratory environment. Register to perform, or come along to enjoy the performances. Free entry.



Venue: various RSLs on the Sunshine Coast

Phone: (07) 5475 7572

Website: <http://seniorsuperstar.com/sunshine-coast>

Safe & Confident Living Program – New Farm

Date: 28 October 2009, 10am – 1.30pm

Description: Enjoy an informative morning with presentations on seniors' wellbeing, security & safety, as well as entertainment and lucky door prizes.

Morning tea and lunch provided.

Venue: Riverside Reception Centre, 50 Oxlade Drive, New Farm.

Phone: 3316 2999

Greek Fest 2009 - Townsville

Date: 10 & 11 October 2009

Description: Enjoy both Greek and Australian cultures over a weekend of non-stop entertainment, wonderful cuisine, music and dance, grape-stomping & olive spitting competitions, Greek cooking demos, a photographic display & more. Free entry.

Venue: Riverway Arts Centre, cnr Ross River Road & Riverway Drive, Townsville

Phone: 0417 739 749

Website: www.greekfest.com.au

Medical Assoc. Public Health Talks – Gold Coast

Date: 10 October 2009, 10am – 4pm

Description: The Gold Coast Medical Association presents a series of free health talks to the public, delivered by Gold Coast specialist doctors. Some topics include arthritis & joint replacement, healthy ageing, vision solutions, cancer detection, heart disease, dementia and memory problems. There will also be information stalls. Cost: Free

Venue: Robina Community Centre, Robina Town Centre Drive

Phone: (07) 5575 7054

Website: www.gcma.org.au

Other events on Seniors Enquiry Line's 'Events' include: Public Tasting at the Aust. Small Wine Makers Show – Stanthorpe, Rocky Barra Bounty, Country & Regional Living Expo – South Bank.

Community Information

Energy Ombudsman Information Kits

Energy Ombudsman Queensland has produced a range of free consumer fact sheets on a number of topics including:

- Energy bills explained
- Electricity and gas meters explained
- General brochure on complaints
- Dealing with energy marketers
- And a new brochure – meter readings explained

To find out more go to:

Website: www.eoq.com.au

Phone: 1800 662 837

Prevent Heat Related Illness

Coming into summer, the Queensland Ambulance service has produced a fact sheet with tips on how to prevent heat related illness which include:

- Drinking plenty of water at regular intervals
- Eat small meals and eat more often
- Stay inside between 10am and 3pm
- Check on the well being of family members, friends and neighbours.



For more information:

Website: www.ambulance.qld.gov.au

Phone: 13 13 04

Palliative Care Information Service

The Palliative Care Information Support Service (Pcis) is a Statewide Telephone Helpline, operated by Karuna Hospice Services and funded by Queensland Health. It can provide free

- Information about palliative care
- Contact details for local services and support organisations that can provide palliative care
- Specialist counselling and emotional support to clients, carers, families and friends around grief, loss and bereavement

The service is available to patients, carers, family, friends and health care professionals. Support is offered from time of diagnosis through to bereavement.

For assistance or more information contact:

Website: www.pcis.org.au

Phone: 1800 772 273

If you have any comments or contributions for Snippets or would like to be added to our electronic mailing list, you can reach us at: sel@lccq.org.au