

Diversity & Older People's Care Networks

A new study, funded by the University of Queensland, looking at the ways paid and unpaid carers come together to provide support to older lesbian and gay people, is looking for volunteers to participate in the study.



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

The new Queensland study, led by Mark Hughes and Sue Kentlyn, is looking at the diversity of the care networks of lesbian and gay people aged 60 and over, and how care providers respond to this person's sexual identity. The research involves interviews with the older lesbian or gay person, as well as their paid and unpaid carers.

The project has been approved by the University of Queensland Ethics Committee.

For information about the project please contact:

Dr Mark Hughes

Email: m.hughes5@uq.edu.au

Phone: 0405 386 976)

Ms Sue Kentlyn

Email: dryad@internode.on.net

Phone: 07 3379 7273).

Positively Ageless – Discussion Paper

Have Your Say about Supporting Queensland Seniors into the Future

The Queensland Government is seeking your ideas and views to help develop a whole-of-government approach for ways to support seniors into the future.

The strategy will identify priority areas for action, with an emphasis on making positive changes for seniors who are vulnerable, disadvantaged or socially isolated.

A discussion paper "Positively Ageless: developing a Queensland seniors' strategy" has been released as the first stage in the development of the strategy. The paper provides information about the government's

investment in services and the important contribution seniors make to our community.

The paper also includes questions that you can respond to and feedback is also welcome on other areas you feel should be part of the strategy development.

To have a copy of the discussion paper and response form mailed to you:

Phone: 1800 051 978 (Monday to Friday, 8am -6pm)

Website: www.communityservices.qld.gov.au

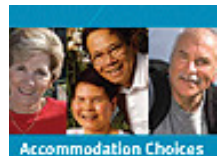
TTY users can contact the National Relay Service on 133 677.

Please provide your response to the Queensland seniors strategy by Friday 4 December 2009

Accommodation Choices for Older Australians

The Australian Government has produced a new publication called "**Accommodation choices for older Australians and their families: what older Australians and their families need to know.**"

It provides advice and options on accommodation choices for older Australians and their families, with practical advice and options relating to a large range of issues concerning accommodation choices.



It contains practical information about the many accommodation options available at and beyond retirement, and information on finances and how living arrangements may impact on pension payments.

It also provides practical advice on selling the family home whilst on the pension, as well as the implications of renovating, moving in with family or having to live apart from a spouse.

The guide includes help for families from culturally and linguistically diverse backgrounds, as well as help for Indigenous Australians.

For more information or to obtain a copy:

Phone: 1800 050 009

Website: www.fahcsia.gov.au

WHAT'S ON

PresCare Hopetoun over 50's Health Expo - Corinda

Dates: 12 November 2009

Description: Come and see a range of service providers in the health field for the over 50's. Over 20 exhibitors will provide information, and a number of experts will provide speeches and insights into physiotherapy, speech pathology, nursing etc.

Venue: 260 Cliveden Avenue, Corinda

Phone: 3710 2384

Email: infodtc@prescare.org.au

Senior Superstar - Caloundra

Date: 7 November 2009

Description: Watch the grand final of the Senior Superstar Sunshine Coast, which showcases the talent of the region's seniors in a supportive and celebratory environment. The competition encourages the appreciation of our seniors' talents and endeavours. Cost: free

Venue: Caloundra RSL, 19 West Terrace, Caloundra.

Phone: (07) 5475 7572

Website: <http://seniorsuperstar.com/sunshine-coast>

Safe and Healthy Expo for Seniors - Townsville

Date: 10 November 2009

Description: Come along to this free event to learn about safe and healthy living in a relaxed and fun environment. Listen to a variety of guest presenters, talk to health professionals and take home valuable information and ideas. Morning tea is provided plus lucky door prizes. Please register your attendance.

Venue: Townsville PCYC, Wellington Street, Aitkenvale

Phone: 4727 9000

Bush Christmas Exhibition - Toowoomba

Date: 20 – 28 November 2009

Description: Visit Bush Christmas for an exclusive opportunity to purchase your Christmas gifts and festive fare from the selection of Fine Artworks, Gourmet Delights and Unique Handmade gifts from rural and remote artisans. Affordability, quality and innovation are the characteristics that make this event unique, capturing the imagination of those with a feel for the outback and appreciation of fine work. Free Entry.

Venue: Masonic Centre, 58 Neil Street, Toowoomba

Phone: 07 4696 4529

Email: bushchristmas@bigpond.com

Website: www.bushchristmas.com

Other events on Seniors Enquiry Line's 'Events' include: Hands on Expo - Bowen Hills, Handel's Messiah - Gold Coast, "A Very Merry Gaslight Christmas" – North Qld

Community Information

Seniors Relocation Services

If you are downsizing and moving into a smaller more manageable home, retirement village, aged care facility or hospice the transition can be daunting. Seniors Relocation Services offer a unique service for their equally unique clients.

They can assist you through the transition process.

Some features of their service include:

- De-clutter, downsize and organise
- Pack and unpack
- Arrange and supervise removalists
- Disposal or sale of unwanted items
- Setup of your new home
- Spring cleaning maintenance

Phone: 3162 1342

Email: admin@seniorsrelocation.com.au

Website: www.seniorsrelocation.com.au

Free Hearing Aids

- Do you need help?
- Do you have trouble understanding people when they talk to you?
- Do you have trouble hearing on the telephone?
- Does your family complain that you have the television too loud?

If you answered yes to any of these questions you may have a hearing loss.

If so, an Australian Government Program administered by the Office of Hearing Services may be able to help you to gain access to hearing services.

In addition, eligible people can obtain maintenance of their hearing aids and devices and a regular supply of batteries on payment of a small annual maintenance fee.

The Office of Hearing Services' website provides information about free hearing aids - eligibility, how to access them and other relevant information.

To find out if you are eligible or for more information

Phone: 1800 500 726

TTY: 1800 500 496 (for users of TTY equipment only) and give your postal address, and an application form will be posted to you.

Website: <http://www.health.gov.au>

If you have any comments or contributions for Snippets or would like to be added to our electronic mailing list, you can reach us at: sel@lccq.org.au